

# ***THE METZ APPLIANCE: FDA APPROVED FOR OSA TREATMENT***

Our Metz Appliance for oral therapy of obstructive sleep apnea (OSA) received FDA approval in 2013. It is a custom-made mandibular advancement device (MAD) designed to be easily calibrated. The biggest advantage over other MADs is the minimization of material, providing greatly increased space for the tongue, while maintaining durability. When the “room” of the oropharynx is left as big as possible, the tongue is less likely to be forced posteriorly, where it impedes or prolongs the time to optimal outcome. To avoid this, The Metz Appliance is both thin and maintains anterior space for the tongue.

